

Silver Hawk Happenings


<http://wwwsil.bham.wednet.edu>

Silver Beach Elementary

676-6443

Oct. 9, 2009

October

Sun-day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5 Early Release 12:30 Ride the Bus Week!!	6 Ride the Bus Week!!	7 BOOK FAIR!! Ride the Bus Week!!	8 BOOK FAIR!! Ride the Bus Week!!	9 BOOK FAIR!! Ride the Bus Week!!	10
11	12 BOOK FAIR!! Ride the Bus! Last Day	13 BOOK FAIR!! SBEA Meeting 6:30 Library	14 BOOK FAIR!!	15 HIV/AIDS Curriculum Night For Grade 5/ Middle School Families - Board Room Roeder	16 Sweets & Treats Begins!!	17
18	19 Early Release 12:30	20	21	22	23	24
25	26	27	28 Sweets & Treats Orders Due	29	30	31 

Whatcom County Schools Sickness Reminder

Whatcom County schools are taking extra precautions to help prevent the spread of viruses, including reminding parents to keep sick children home from school. Children with a fever should stay home for 24 hours after they no longer have a fever. Districts are also reminding staff to stay home if they are sick.

The Whatcom County Health Department has stated that the most important step toward prevention of flu outbreaks is for sick children to remain at home.

Symptoms of the flu:

- A fever (100 degrees Fahrenheit, 37.8 degrees Celsius or greater)
- Cough
- Sore throat
- Runny or stuffy nose
- Body aches
- Headache
- Feeling very tired
- Some people may also vomit or have diarrhea

Bellingham School District recommends the following important steps:

1. **Keep sick children at home** for 24 hours *after* they no longer have a fever, without using fever-reducing drugs. Keeping children with a fever at home will reduce the number of students who are infected with the H1N1 virus.
2. **Let staff know when you call to report your child's absence or write a note if the illness is cough-related.** To help track flu outbreaks locally among children, the Whatcom County Health Department has requested that our school staff ask parents who call to report student absences due to illness if the illness is cough-related.

Sickness, cont.

3. **Do not send your child to school if he or she is sick.** Children with suspected influenza-like illness will be sent home. Staff will contact parents/guardians to pick up their sick child as soon as possible.
4. **Make a plan so that you or your emergency contact can pick up a sick child from school as soon as possible after being notified by school staff members.** Please be aware that your child may be given a mask to wear while he or she waits for pick up to help prevent the spread of illness to staff and other students, according to health department recommendations.
5. **Check that your emergency contact numbers on file at your school are current and accurate.** All schools will be sending home emergency contact information for you to update and verify early in the school year.
6. **Make a family plan** so that a responsible adult can care for an ill child for several days if necessary.

Keep informed about additional updates about flu outbreaks, vaccines and prevention information by reading district and school e-news and print newsletters and checking www.bsd501.org.

For more information about how to care for someone with the flu and resources for families:

<http://www.whatcomcounty.us/health/h1n1/>

For H1N1 updates, please visit:

<http://www.em.whatcomcounty.org/go/site/2040/>

Mountain School Meeting

November 4 All Fifth Grade Students/Parents/Teachers
7:00-8:00 PM School Cafeteria



Jeff Giesen/ Mountain School Education Director from the North Cascades Institute will be at Silver Beach to meet with fifth grade teachers, students and parents to discuss details of the Mountain School program. This will be a formal presentation and encouraged attendance.

If you have any questions, please contact Susy Odegaard at 206-972-3042 / susyod@comcast.net or Kathy Settem at 360-220-6490 / settem2@comcast.net.

Used Book Sale is Coming Up!!

We are beginning to collect books for the used book sale in your child's classroom. The Sale will be in February. Our goal is to collect 6,000 Books!! Proceeds benefit the Silver Beach Library. So bring all your used books into your classroom!!

Early Release Bulletin !

An Early Release Day was added in November which had previously been a teacher work-day. November 20 will now be an Early Release day.

Two more Early Releases in October: October 5th and 19th!

Please Remember.....

- Sign in at the office on the pink visitor's sheet if you will be in the building for **ANY** reason
- Use the blue sign-out sheet in the office if your child must leave early
- Ask your children to stop by the office if they are late in order to get a late pass
- Call the office message line if your child is out sick -
 be sure to let us know **ALL** their symptoms
- Let us know with a note if they will be going home a different way
- Also send a note if you will be going on a family vacation